

LA ISLA BONITA

Record: Sire Records 92-84257, Vocal by: Madonna **Phase:** IV + 2, (bota fogo, shadow bota fogo)
Choreography: Joachim & Kerstin Bradl, Luisenring 14, 68159 Mannheim, Germany,
Fax/Tel.: +621 1561867 **Rhythm:** Samba Release: 1.1, March 1995

Note: The dance was written for a samba clinic and contains **no** transitions nor lots of modifications and is suitable for an introduction to the samba rhythm. In some cases for M: if a bota fogo step is followed by a volta movement, the volta ends with a bota fogo ending (e.g. see Part B). Cue sheet written in 2/4 time. Slow down for comfort.

Sequence: INTRO A B INTERL 1 A B INTERL 2 C
 A(9 - 16)(*) B BRIDGE B ENDING

INTRO:

MEAS:	INTRO:		
1-4	OP/FC/WALL	WAIT DRUM NOTES (=3,5 MEAS) + 2 MEAS:	APT, PT; TOG, TCH;
3-4	M: (apt, pt, tog, tch) in OP/fc pos M fc Wall trail hands joined low, step apt L, pt R; tog R, tch L;		
3-4	W: (apt, pt, tog, tch) step apt R, pt L; tog L, tch R;		
5-16	LAZY SAMBA TURN, 4 TIMES;;;;;; SAMBA BOX, TWICE;;; (CP/Wall)		
5-12	M: (lazy samba turns) in CP/Wall turning 1/8 LF fwd L/cl R in place, in place L; turning 1/8 LF bk R/cl L in place, in place R; REPEAT 4 times;;;;;; to end CP/Wall		
5-12	W: (lazy samba turns) turning 1/8 LF bk R/cl L in place, in place R; turning 1/8 LF fwd L/cl R in place, in place L; REPEAT 4 times;;;;;;		
13-16	M: (samba box, twice) fwd L/sd R, cl L; bk R/sd L, cl R; REPEAT;;		
13-16	W: (samba box, twice) bk R/sd L, cl R; fwd L/sd R, cl L; REPEAT;;		

PART A:

MEAS:	<u>PART A:</u>		
1-8	<u>SAMBA BASIC FWD & BK;;</u>	<u>2 LEFT TURNS;;;;</u>	<u>SAMBA BASIC FWD & BK;;</u>
1-2	M: (samba basic fwd & bk) CP/Wall fwd L/cl R, in place L; bk R/cl L, in place R;		
1-2	W: (samba basic fwd & bk) bk R/cl L, in place R; fwd L/cl R, in place L;		
3-6	M: (2 Left turns) in CP/Wall turning 1/4 LF fwd L/sd R, cl L (fc LOD); turning 1/4 LF bk R/sd L, cl R (fc COH); turning 1/4 LF fwd L/sd R, cl L (fc RLOD); turning 1/4 LF bk R/sd L, cl R (fc Wall);		
3-6	W: (2 Left turns) in CP/Wall turning 1/4 LF bk R/sd L, cl R; turning 1/4 LF fwd L/sd R, cl L; turning 1/4 LF bk R/sd L, cl R; turning 1/4 LF fwd L/sd R, cl L;		
7-8	(samba basic fwd & bk) REPEAT meas 1-2 Part A;;		
9-12	<u>(*) WHISKS L & R;;</u>	<u>WHISK L, W TRIRL RF;</u>	<u>WHISK R TO SCP;</u>
9-10	M: (whisks L & R) sd L/cross beh R, rec in place L; sd R/cross beh L, rec in place R;		
9-10	W: (whisks L & R) sd R/cross beh L, rec in place R; sd L/cross beh R, rec in place L;		
11	M: (whisk L, W twirl) REPEAT meas 9 Part A, leading W to twirl RF under joined lead hands;		
11	W: (W twirl) turning RF under joined lead hands one full turn in 3 steps like a spot volta R/L, R;		
12	(whisk R to SCP) REPEAT meas 10 Part A to end in SCP;		
13-16	<u>3 SAMBA WALKS;;;;</u>	<u>SD SAMBA WALK;</u>	
13-15	M: (3 samba walks) fwd L/bk R on toe/ball with partial weight, pull L bk towards R with flat foot having R foot free; fwd R/bk L on toe/ball with partial weight, pull R bk towards L with flat foot having L foot free; (Option: sd samba walk, see meas 4 Interlude 2;) REPEAT meas 13 Part A;		
13-15	W: (3 samba walks) fwd R/bk L on toe/ball with partial weight, pull R bk towards L with flat foot having L foot free; fwd L/bk R on toe/ball with partial weight, pull L bk towards R with flat foot having R foot free; (Option: sd samba walk, see meas 4 Interlude 2;) REPEAT meas 13 Part A;		
16	M: (sd samba walk) fwd R/small step sd & bk L turning 1/8 RF to fc DLW, rec R with lead hands high and W slightly in advance of M;		
16	W: (sd samba walk) fwd L/small step sd & bk R turning 1/8 LF to fc DLC, rec sd L;		

PART B:

MEAS: 1-12	<u>PART B:</u> 4 BOTA WHISKS;;;	MAYPOLE, TWICE;;;
1-4	M: (maypole, twice) leading W to do a RF spot volta under joined lead hands performing a circular volta around W turning about 3/4 to fc RLOD & W: XiF L/sd R, XiF L/sd R; XiF L/sd R, sd L (bota fogo ending); circular volta around W turning about 3/4 to fc Wall & W: XiF R/sd L, XiF R/sd L; XiF R/sd L, sd R (bota fogo ending);	
1-4	W: (maypole, twice) W does a RF spot volta turning about 1 & 1/4 (or 2 & 1/4) under joined lead hands while M does a circular volta around W: XiF R/sd L, XiF R/sd L; XiF R/sd L, XiF R to fc M; W does a LF spot volta turning 1 & 1/4 (or 2 & 1/4) under joined lead hands while M does a circular volta around W: XiF L/sd R, XiF L/sd R; XiF L/sd R, XiF L to fc M & COH;	

- 5-8 **M:** (4 thru bota fogos) dancing in front of W in double handhold position having eye contact with W fwd L iFR outside W/sd R turning 1/8 LF, rec sd L; fwd R iFL outside W/sd L turning RF 1/4, rec sd R; fwd L iFR outside W/sd R turning 1/4 LF, rec sd L; fwd R iFL outside W/sd L turning RF 1/8, rec sd R;
- 5-8 **W:** (4 whisks) having eye contact with M, REPEAT meas 9-10 Part A, twice;;;
- 9-12 (maypole, twice) REPEAT meas 1-4 Part B;;; (M ends with a volta step)
- 13-16 **WHISKS L & R;;** **WHISK L, W TRIRL RF;** **WHISK R;**
- 13-16 (whisks L & R, whisk L & W twirl, whisk R) REPEAT meas 9-12 Part A to end in CP/Wall;;;

MEAS:**INTERL 1:**

- 1-8 **SAMBA BASIC FWD & BK;;** **LAZY SAMBA TURN;;** **(CP/LOD) 2 REVERSE TURNS;;;** **(FC)**
- 1-2 (samba basic fwd & bk) REPEAT meas 1-2 Part A;;
- 3-4 (lazy samba turn) REPEAT meas 5-6 Intro;; to CP/LOD
- 5-8 **M:** (2 reverse turns) fwd L turning LF/sd R, XLiFR; bk R/sd L, cl R completing one full LF turn; REPEAT meas 5-6 Interlude 1;; to CP/Wall
- 5-8 **W:** (2 reverse turns) bk R turning LF/sd L, cl R; fwd L turning LF/sd R, XLiFR completing one full LF turn; REPEAT meas 5-6 Interlude 1;;

MEAS:**INTERL 2:**

- 1-6 **WHISKS L & R; TO SCP;** **SAMBA WALK & SD SAMBA WALK, TWICE;;;**
- 1-2 (whisks L & R to SCP) REPEAT meas 9 and meas 12 Part A;;
- 3 (samba walk) REPEAT meas 13 Part A;
- 4 **M:** (sd samba walk) in SCP fwd R/small step sd L slightly apart from partner, red sd R slightly tog;
- 4 **W:** (sd samba walk) in SCP fwd L/small step sd R slightly apart from partner, red sd L slightly tog;
- 5-6 (samba walk, sd samba walk) REPEAT meas 13 Part A; REPEAT meas 16 Part A;
- 7-8 **SHADOW BOTA FOGO, TWICE;;**
- 7-8 **M:** (shadow bota fogo, twice) leading W to change sides iF M under lead hands fwd DLW L/sd R turning 1/4 LF, rec sd L; leading W to change sides iF M under lead hands fwd DLC R/sd L turning 1/4 RF, rec sd R;
- 7-8 **W:** (shadow bota fogo, twice) changing sides iF M under lead hands fwd DLC R/sd L turning 1/4 RF, rec sd R; changing sides iF M under lead hands fwd DLW L/sd R turning 1/4 LF, rec sd L;

MEAS:**PART C:**

- 1-8 **CRISS CROSS;;** **SHADOW BOTA FOGO, TWICE;;** **CRISS CROSS;;** **2 BOTA WHISKS;;**
- 1-2 **M:** (criss cross) leading W to change sides iF M under lead hands XLiFR/sd R, XLiFR/sd R; XLiFR/sd R, XLiFR to end fc partner & DLC;
- 1-2 **W:** (criss cross) changing sides iF M under lead hands X RiFL/sd L, X RiFL/sd L; X RiFL/sd L, X RiFL (fc partner & DLW);
- 3-4 (shadow bota fogo, twice) REPEAT meas 8 Interlude 2; REPEAT meas 7 Interlude 2;
- 5-6 **M:** (criss cross) leading W to change sides iF M under lead hands X RiFL/sd L, X RiFL/sd L; X RiFL/sd L, sd R (bota fogo ending);
- 5-6 **W:** (criss cross) changing sides iF M under lead hands XLiFR/sd R, XLiFR/sd R, XLiFR/sd R, XLiFR;
- 7-8 (2 bota whisks) REPEAT meas 7-8 Part B;;
- 9-16 **MAYPOLE;;** **2 BOTA WHISKS;;** **MAYPOLE;;** **WHISKS L & R;;**
- 9-10 (maypole) REPEAT meas 1-2 Part B, M with a bota fogo ending;;
- 11-12 (2 bota whisks) REPEAT meas 6-7 Part B;;
- 13-14 (maypole) REPEAT meas 3-4 Part B;;
- 15-16 (whisks L & R) REPEAT meas 9-10 Part A;;
- 17-22 **WHISK L;** **WHISK R, W WRAPS;** **2 SAMBA WALKS;;** **W UNWRAP;** **SAMBA TO FC;**
- 17 (whisk L) REPEAT meas 9 Part A;
- 18 **M:** (whisk R) REPEAT meas 10 Part A leading W to turn LF under joined lead hands remaining trail hands joined at waist level to end in wrapped pos/LOD;
- 18 **W:** (wrap) turning 3/4 LF over 3 steps like a spot volta under joined lead hands with trail hands joined L/R, L;
- 19-20 (2 samba walks) in wrapped pos/LOD, REPEAT meas 13-14 Part A;;
- 21 **M:** (whisk L) REPEAT meas 9 Part A releasing lead hands and leading W to unwrap RF to end in wide OP/LOD;
- 21 **W:** (unwrap) performing 1 full RF turn over the following 3 steps sd R/in place L, small step sd R;
- 22 **M:** (samba to fc) fwd R turning 1/4 RF to fc partner & Wall/cl L, in place R; to Bfly
- 22 **W:** (samba to fc) fwd L turning 1/4 LF to fc partner & Wall/cl R, in place L;

- 23-26** (BFLY) STEP TO BJO, KICK; HITCH APT; STEP TO BJO, KICK; HITCH APT;
23-26 **M:** (step to Bjo, kick, hitch apt) step sd & fwd L to Bfly/Bjo/Wall, kick R outside W; bk R/cl L, fwd R (feels like a step bk/ball, change); REPEAT meas 23-24 Part C;;
23-26 **W:** (step to Bjo, kick, hitch apt) step sd & fwd R, kick L outside M; bk L/cl R, fwd L;; REPEAT meas 23-24 Part C;;

MEAS:

BRIDGE:

- 1** RK SD, REC; (LOP/FC/WALL)
1 **M:** (rk sd, rec) rk sd L turning 1/8 RF, rec R;
1 **W:** (rk sd, rec) rk sd R, rec L;

MEAS:

ENDING:

- 1-8** SAMBA BASIC FWD & BK;; LAZY SAMBA TURN;; (CP/LOD) 2 REVERSE TURNS;; (FC)
1-2 (samba basic fwd & bk) REPEAT meas 1-2 Part A;;
3-4 (lazy samba turn) REPEAT meas 5-6 Intro;;
5-8 (2 reverse turns) REPEAT meas 5-8 Interlude 1;;;
9-23 LAZY SAMBA TURN, 4 TIMES;; SAMBA BOX, TWICE;; WHISKS L & R;; WHISK L;
9-16 (lazy samba turn) REPEAT meas 5-12 Intro;;;
17-20 (samba box, twice) REPEAT meas 13-16 Intro;;;
21-23 (3 whisks) REPEAT meas 9-10 Part A;; REPEAT meas 9 Part A;
24-25 WHISK R, W WRAP; 3 SAMBA WALKS;; STEP FWD, PT FWD & LOOK AT PARTNER;
24 (whisk R, W wrap) REPEAT meas 18 Part C;
25-27 (3 samba walks) REPEAT meas 13-15 Part A;;;
28 **M:** (step fwd & pt) small step step fwd R, pt fwd L and look at partner;
28 **W:** (step fwd & pt) small step step fwd L, pt fwd R and look at partner;

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